

# FIRST FOODS FIRST FRIDAYS COOKING CLASS



June 6<sup>th</sup>

5:30-7:00PM

River People Health Center Teaching Kitchen

Join the Nutrition Team to learn how to use foods native to North America in your day-to-day cooking!

In this class we will cook:

**Pima 60 Day Corn** Crusted Fish, **Corn** with **Peppers** and Mushrooms, and Homemade Coleslaw

**\*\*chicken will be available for people who don't like fish\*\***

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**Space is limited!**

**Call 480-362-3355 to save  
your seats!**

